

# Camp Kawanhee 2011 is on!

It's been an exceptional pre-camp season, with the full spectrum of Maine weather in turn delighting and challenging the hard working staff. Clean up, brush collection, burn piles, inventorying, ordering, putting docks in, assembling the diving platform, fixing and painting boats, and staff workshops on a range of subjects – these were some of the activities that kept us busy every day and evening in preparation of the campers' arrival on the 26<sup>th</sup>.



The really big news for the season, however, is the new athletic fields! This new project began right after the conclusion of the 90<sup>th</sup> Reunion celebration in august, and after the snows melting resumed again this spring. There was still much to do as we began pre-camp training including setting up fences and nets, preparing tennis courts, weeding the baseball field, and readying the new Archery area.

Wallis Tyler and his crew have built two new beautiful sheds for

Soccer/Tennis and Archery. These include covered porches that will enable activities to stay in the field even during rainstorms.

A new basketball court has been built close to the Shop in what used to be the soccer field. Now, the Soccer Department has a full sized field to play on in the area that used to be right field, and the old basketball court.

Soccer, Tennis, Archery, Baseball and Basketball cannot wait for the campers to take full advantage of these beautiful new additions to Camp Kawanhee.





# Greetings to Kawanhee parents form the Health Office.

I am Emily Lou McLean, RN, serving as camp nurse for a large part of the summer, followed by Sue Cook, RN who will close out the season. I am looking forward to meeting many of you as you bring your sons to camp. Here is some information as well as a few reminders for the camp season!

 All campers will be seen in the Health Office prior to moving into their lodges.
Review of the health information and campers' health condition as well as a head check for lice will be done.



- All immunizations must be current before campers may leave camp with the tripping department on camp sponsored trips.
- All medications, except for certain emergency medications (i.e. inhalers) will be kept in the Health Office. Medications taken on a daily basis will be dispensed at mealtimes.
- Communications between the Health Office and parents can be done best through e-mail to <a href="mailto:kawanheenurse@kawanhee.com">kawanheenurse@kawanhee.com</a>. The phone number for the Health Office is 207 585 2585.
- In the event a camper needs more advanced care, arrangements will be made for him to be seen by physicians at Franklin Health Pediatrics. We will notify you in advance, if possible, and communicate with you after he is seen.
- Hours of the Health Office will be posted and campers will be encouraged to comply unless an emergency arises.

I have enjoyed caring for and getting to know your sons and will make every effort to meet their health needs. Please feel free to contact me with any concerns, suggestions, etc. that you might have.

Emily Lou McLean, RN

### Note from the Camp Mom:

Today was the first day of camp for the summer of 2011. So many families arrived and dropped off their boys...some coming for the first time, some returning for yet another summer. It was such a terrific day. I love reconnecting with the boys... seeing how much they have grown and hearing about their year at home. Getting to meet and chat with moms and dads, and getting hugs from everyone. Opening day is always exciting!



It is evening now; each boy is now settled into their lodge and met their cabin mates.

The boys are all off playing various activities now. It is drizzling, but they play on. The sounds of boys cheering and friends talking and laughing fill the camp once again. Such a familiar and happy feeling comes over me. It is so great to hear how much fun they are having playing and catching up with their peers.



Moms and Dads, thank you for sharing your wonderful boys with us! I can tell already it will be a year like no other! No worries, they are in great hands!

More soon... Smiles, Debi the Camp Mom

A few were a little unsure and sad when their parents left, but all are enjoying themselves now. They are busy trying out the new fields and basketball court and playing volleyball and tetherball. Soon the bell will ring and they will be getting settled into their cabins for the first night. Each cabin will bond with their counselors as they hear all about each other and plan their summer. I always go and say good night to the junior side campers and try to memorize all the boys' names. (I think I know most already) Tomorrow the real fun begins... the challenges, the goals to meet, the friends made, the memories start unfolding.



# "The experience of ropes training" Ben Zambito, S.C. Loon

Pre-camp occurs a week before the Kawanhee camper season begins. It is a week filled with grueling manual labor for all of the camp staff. In the office phones were ringing and secretaries are crying. In the fields SC's were nursing aching backs by lifting more tennis fence and digging more holes (and crying)... But, what was going on at the high ropes course?

A few lucky staff members this year (myself included) were offered the opportunity to get trained in the arts of high ropes, or "challenge" course instruction. Instead of being subjected to the misery of manual labor, these staff members were taught not only how to make the ropes course as safe as possible, but also to make the experiences had on the ropes course as meaningful as possible.

Because of the training provided by a Wingspeed instructor, members of our staff are now able to teach important skills like team building and leadership, while also keeping people safe. Because of this training, the ropes course is an even more vital asset to Kawanhee (not to mention that I got to have a lot of fun on the ropes course during pre-camp instead of putting in the numerous docks).



#### A few Candid photos from Opening Day







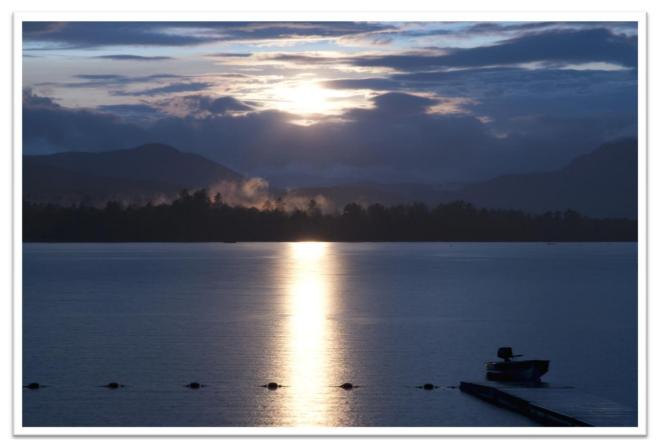












**Opening Day Sunset - 2011** 

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Look for more photos each week on the Camp's website <a href="http://www.kawanhee.com">http://www.kawanhee.com</a> under the Gallery link. You'll need to answer a simple password to view these photos. Remember, the password in all lowercase and has no spaces.

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