

CAMP KAWANHEE

Suggestions,
Rules and Regulations
for
Counsellors



(MY ONLY COPY.)

PLEASE RETURN

Walter Estabrook

CAMP KAWANHEE

WELD, MAINE

Suggestions, Rules and Regulations for Counsellors



DIRECTORS

G. R. FRANK

R. C. FRANK

CAMP KAWANHEE

WELL MAINE

FOREWORD

THE following syllabus of Rules, Regulations and Suggestions for Counsellors at "Kawanhee" is presented for the purpose of assisting you in solving more efficiently, questions and problems which will arise during the camping season. As Directors, we are especially interested that you shall derive as much pleasure and benefit from your experience in camp as is consistent with the nature of the duties to which you are assigned. You will be engaged in a wonderful work, involving great responsibilities. Your loyalty to all camp ideals and your co-operation in promoting a successful program is solicited.

You will spend two months with a group of boys in the close intimacy of camp life. Opportunities unequaled anywhere for moulding their characters will be afforded you. As you gain their friendship and confidence you will be able to advise and help them in overcoming weak traits and forming right habits of conduct. The boy who is conscious of having won the friendship of his counsellor, whom he admires and respects, will strive to emulate his actions and characteristics and refrain from doing anything which he knows would displease him. There is an element of hero worship in the boy's attitude toward his man friend. If you can arouse such a mental attitude in the boys under your care, you wield a tremendous influence over their moral development.

I COUNSEL TO COUNSELLORS

Camping with boys is not a vacation but a job. It may be recreation, as hard work can be great fun; but it is primarily conscientious, tiring and professionally technical work.

Boys at times may get on your nerves. You may grow tired of them, and perhaps irritable. You owe it to them and to yourself to keep happy, to keep at concert pitch. Keep fit by keeping rested. You probably need at least fifty hours a week of sound sleep to do your work effectively. Let your own cheerfulness, bouyancy and feeling of physical and mental fitness be your test of what you are worth to camp. It is shirking your duty not to sign off on your free afternoon and evening and leave camp. Go away for a rest and change. You owe it to yourself as well as to the boys.

Next to fine health, sterling character and a genuine love for boys, initiative is one of the very important qualities we expect to find in a successful counsellor. It is the quality of doing the right thing at the right time in the right way without being told how or when or why it should be done. A lantern needs filling, a tent is torn, a board is loose on the dock, your lodge roof leaks, a storm is approaching and boats should be drawn high on the beach, shelves are needed in your lodge for toilet articles, books, etc. Your boys are interested in building a raft or a secret camp in the woods. You tried out Bill's new bow and broke it. Jack fell into the water with his clothes on. Tom should have a new pair of shoes. Dick is homesick and needs an absorbing job to bring his soul back to camp. Harry is clumsy with his hatchet and needs a lesson in ax-craft. These things affect the morale and spirit of camp, just as a swimming meet does, or a ball game, or a council fire. It is your own interest in the happiness of your community, your own exercise of observation, your own quick reaction and resourcefulness in an emergency that we must count upon; your own initiative.

Then, too, you must adjust quickly to an environment far different from the one in which you have spent the winter. You must forget social dancing,

jazz, joy-rides, examinations, movies and stiff collars. You must drop back into pre-adolescent boyhood and enjoy catching turtles, building shanties, throwing axes, hunting treasures, spending the night in a canoe at the dam listening for deer and moose, climbing cliffs, or catching perch. Paddling and swimming and shooting and riding will come to you more easily. Ball games and track meets will be simple enough. But to help a boy write a letter home, to show him how to make a leather quirt or ax-case, to acquaint him with the principal trees of our woods and the chief flowers of our field is worthy of the best efforts of one who calls himself counsellor.

Look for the good qualities in your boys. If you find them, mention it. We don't want boys to feel, however, that they are being watched for a "good deed daily," or to think that their good deeds are going to be paraded before their fellows. Use the caution of thoughtful judgment on this score. Know your boy. Be as sure as you can that what you say about him, if you mention his name, will not tend to make him self-conscious, or add to his conceit; but rather give him a helpful shove toward continuing good work for its own sake, and for the joy of doing it.

Let us remember at all times that camp is built for the boys. They come to get a lot of fun, but it is for us to turn that fun into eight weeks of joyous and vital education for life. It is for us to send them home better specimens of boyhood, physically, mentally, spiritually. Each one of us should feel himself growing in the same way throughout the summer, getting because he gives. But remember, that it is for us first to give.

Health and Personal Sanitation

- II. Secure the confidence of your boys. Make them feel that they really belong; that you are one of their best friends in camp; that they should come to you with their troubles and perplexities without shame or embarrassment.

They will need an average of ten hours a day of sleep. Observe them carefully. Note their eyes for signs of sleepiness. Listlessness, apparent laziness, dark circles, usually indicate insufficient sleep, or constipation, or both. Report such signs to the Camp Nurse. Put such boys in the special rest-hour sleep

squad in the main hall. Make them see that this is not a punishment or a discipline, but a help toward their happier enjoyment of camp life. Sleep, food, exercise and proper elimination are the cardinal points in our compass of good times.

Teeth and bowels must have your daily, personal check-up. Not a show of hands, nor an answer yes or no to roll-call, but a specific question on your part to each boy individually, either during the clean-up period preceding the morning inspection, or at rest hour. Make him feel your friendly interest in your question concerning his **daily elimination, especially.** He must be kept above par in mind and body in order to get the best that camp has to give him. Help get across to him its importance to himself, and to the health of the camp as a whole. Most boys will be healthy and normal enough in this respect, but each one of them needs a check-up, for one can never tell when forgetfulness will lead to neglect and illness.

Teeth should be scrubbed up and down daily in your presence, at time of morning dip, and before going to bed at night. Have a tooth-brush drill if you like, but see that the brushing is thorough.

The daily soap-bath of hands, face, ears and neck should be as thorough as tooth-brushing. It, also, is essential to camp health. Look over each boy's skin from head to toe at least every other day. Report the slightest symptom of pimple, boil, rash, scratch or abrasion of any kind to our Nurse. You must also watch for symptoms of a coming cold and report immediately to the Camp Nurse. Do the same with headache and general ill feeling on the part of the boy. We are responsible for the health of these boys, many of whom are hundreds of miles from home. We cannot shirk our duty to them in a single instance. If you find such duties a chore or a drudgery or if you feel yourself a nurse instead of a friend and advisor to the boys, then you are either tired and need a rest and a change, or your make-up is other than that of a camp counsellor. You cannot give them a square deal in the joy of camping unless you yourself can get real pleasure out of your work as a whole and in its minutest part.

Exercise the same care and precaution with yourself in reporting colds, sore throats, etc., to the nurse as you are urged to do with your boys. Your care-

lessness in this respect may be the cause of general sickness spreading throughout the camp.

Clean-Up Period — Morning Inspection

III Lodges must be kept clean, dry, airy. Draw on the competitive spirit with regard to the other lodges in your division, but try hardest to build up an attitude of personal interest in lodge quarters for its own sake. A box of candy will be presented your lodge each time after winning a total of seven inspections. Show a genuine pride among your boys if they are successful in capturing the Inspection Flag for the day. Your enthusiasm will spur them on to still greater efforts because they know it pleases you. Hustle yourself with the boys to get the job done, but don't do their work for them. Never stand by and boss, demonstrate when necessary, but seldom, if ever, do anything that a boy is supposed to do.

Lodge floors should be kept as clean as possible throughout the day. If the floor has to be swept more than once a day at frequent intervals during the first week or two of camp, it will teach a valuable lesson as to the importance of general cleanliness about the lodge home. The pride of your boys must extend to every detail, including your allotment of space outside the lodge. Bedding and mattresses should be aired and sunned at least twice each week. Reciprocal helping in bed-making as in everything else is fine enough, so long as the work is equally divided and there is no chance for a lazy boy to soldier on his part of the job. Clothing is apt to be put away damp. Use your fingers as well as your eyes in preliminary inspection, which should precede the official inspection for the day. Do not let a damp thing remain inside the lodge when there is a bit of sunshine to dry it in.

Help each boy in cultivating a pride in the possession of his own things, pride in their proper use and care. **Set him an example** by your own care and pride over things that belong to you. Keep your personal equipment in "ship-shape" order. The contagion of example is especially strong among adolescent boys. If they have a genuine love and respect for you, your opportunity of accomplishing things with them, through the stimulus of your personal example, is unlimited.

Swim Time

IV At Swim-Time every counsellor is on duty either in the water with the boys, on the beach, on the tower or dock, or in a patrol boat. Swim time belongs to the boys. Except when you are signed off duty, your place is at swim. If you are on specific duty let that be your exclusive job until swim time is over. Get your own fun afterwards when the last boy is checked out. The safety and good of the boy comes first. Your personal good time comes second in the day's program.

If you have no specific work to do at this period, make it happier for the boys. Swim and play with them, lend a hand especially to the learners, and to the timid or retiring ones that don't know what to do in order to have the best time possible. If on patrol duty, give your undivided attention to the boys. Don't for one minute leave their safety to providence or to chance.

If you note, at any time, a boy who shivers, or whose lips are dull or blue, check him out and, unless you are on specific duty, run with him to his lodge, rub him down, see that he dresses, and gets warm. If you can't go, detail one of the older boys to do so.

Table Manners

V If possible, table manners at camp should be better than they are at home. That, at least, should be our standard. There is not only no excuse for a slump from courtesy and gentlemanliness at table when a boy leaves home and comes into the woods, but there is a duty and a privilege on our part to send boys home more thoughtful and more responsive to these amenities than when he came to us, if that be possible. In many cases it is, and when it happens the parents of such boys are shocked with a cheerful surprise. You will be expected to set an example again here.

Talk to the boys in the privacy of your lodge. Encourage them in matters of courteous consideration for the other fellow. Good sportsmanship applies here as it does on the athletic field, swimming meet or canoe race.

Make your example constructive, and your suggestions positive. Deal seldom with don'ts, call attention to the better way rather than to the less likeable way of table conduct.

We encourage singing at table, and sometimes shouting and cheering, but on the whole let us keep our voices low. There should be no hurrying, bolting of food, jogging of elbows or concentration only on our desire for quantity of food.

There is always a group tendency toward hurry, toward competitive loudness of speech and, especially among hungry boys, toward their getting all they can before the food is gone. This makes for confusion, and it may border on rowdiness if it is allowed to take its course unchecked.

Rest Period

VI Rest hour will be entirely in your hands. You will be expected to be on the job unless you have signed off, in which case you should first consult the senior counsellor or the directors. Arrange for someone to take your place, and be sure that he will do so before asking permission to leave. Only in exceptional instances can such requests be granted.

Read to the boys if you wish, or tell them a quiet story or play a game of silence. You are responsible for a quiet hour. Make it possible for a boy who is really sleepy to go to sleep. This is an hour for relaxation, for digestion of the noon meal, for a happy but quiet activity of mind to those who remain wide awake. Letters home are usually written at this time.

Make this a cheerful experience in the life of each boy. It must never seem an affliction. It will test your ability as a counsellor in many ways, perhaps, but if your book or story is of the boy-kind, rest hour can be a joy. Be prepared!

It is easy enough to keep boys joyously interested in a game of ball or a swim. It is a real task, however, to conduct a rest hour so that they will look forward to the next time you will be with them for that period. Don't forget the special rest-hour sleep squad. Consult the directors in making assignments.

Free Afternoons

VII On free afternoons encourage the boys to choose activities as a lodge group if possible. We are desirous, however, of developing initiative at this period, and are primarily concerned that each boy shall choose an activity or project which he can help plan or one in which he is especially interested. Advise with them as to their choice of activities and **sign them up for the afternoon**. It is your business to know what each boy is to do, and whether or not a counsellor will be with them. If you can plan on keeping most of the boys with you, do so. Make your keyword "let's." Be one of the boys. Don't wait for a program to tell you what to do next. "Let's" go for a walk and find some new specimens for our collections. Let's build a raft. Let's make a sail-boat. Let's climb that cliff, cut a new trail and name it for our lodge, dig a cave, go fishing, hike around the lake, build a tree house in the big pine down on the point. Let's challenge the Moose lodge to a game of baseball, they are bigger than we are but I believe we can trim them. Let's take a canoe trip around the lake. There are innumerable things to do as a lodge group. Remember the magic word "let's".

In General

VIII Never give orders except in an emergency. Then see that they are carried through and immediately to the letter. Let your words to the boys carry the accent of encouragement nearly always. When you teach a boy to paddle, wait patiently until he makes a good stroke and then tell him he has made it. Emphasize the times his legs and arms are right when he dives. Slap him on the back when his bed is made up perfectly. Say a good word for the cook when the flapjacks are tasty, and forget to talk when there is sand in the spinach. The positive attitude or spirit is that which finds it fun to light a fire on a rainy day; enjoys the adventure of getting cold, wet, tired and achy on a trip through a sudden storm.

We must never compromise with weakness. We must not let mistakes slide by. Boys are here to learn how to do things in the very best way possible, and the learning process is full of trial and error. Remember the old adage, "nothing has been thoroughly learned that hasn't been sufficiently reviewed."

In all these things it is the contagion of your own enthusiasm which will count most from you as a counsellor. This is just as true in turning the handle of an ice-cream freezer, or washing a greasy pan, as it is in feathering a paddle, or diving a jack-knife, or reefing a sail. There must be a joy in shining a mess-kit, just as in doing a one-and-a-half from the high board. The artistry of leading a boy into such an attitude toward necessary camp routine, as well as toward its thrilling moments, are among the supreme tests of a good counsellor.

Taps

IX The day is done. The bugle sounds. "Blest Be The Tie That Binds" floats through the air. You have been reading to your boys and the story must end for the night. Lights are turned out. It is time for the boys to go to sleep. You sigh with relief. But wait! The few minutes after taps sound are the most significant minutes of the whole day for you and your boys. It is then that you can leave them with the happiest, friendliest impression of their relationship to you. Have a short devotional service. Read a chapter in the Bible, or arrange during the day for some boy to offer a short prayer. It is a big thing in the life of a boy to overcome the period of embarrassment in religious expressions before his fellows. Many boys are taught to kneel by their beds at home in humble reverence to God. They should continue to do so in camp and should be assured, by your own example, that it is not something to be ashamed of, but is a manly thing to do. When the last little fellow has crawled into bed with a prayer on his lips for dad and mother, and for his counsellor, too, if you have really "registered" in his life; "Kawanhee" sleeps, and all is quiet for the night.

A Counsellor's Prayer

Put me in touch with the heart of a Boy,
Let me study his doubts and fears;
Let me try to show him the Way of Life,
And help him avoid its tears.
For the heart of the Boy, in its buoyancy,
Is one that is pure and fine;
So put me in touch with the heart of the Boy,
The heart of the Man-to-Be!

—C. Burtis Hunter.

RULES OF IMPORTANCE SUGGESTED BY THE ACTIVITIES OF THE DAY

I. Reveille—7 A. M.:

- a. Lodges must be kept absolutely quiet until first call. This is your job and should be strictly enforced. Boys disregarding this rule will be assigned a work period.
(Report western boys to G. R. Frank for all work assignments.)
(Report eastern boys to R. C. Frank for all work assignments.)
- b. At the sound of Reveille, every one up. Six minutes allowed for dressing, toilet and reporting for setting-up drill. Start the day right. Have your boys there on time, if possible.
- c. Report by lodges, counsellors being last one to leave lodge.
- d. Boys responsible for their lodge group reporting late after the six minute whistle blows will be assigned a work period. Camp life is not all fun, pie and ice cream. There must be teeth in part of our discipline.

II. Optional Dip:

- a. The morning dip should not exceed five minutes.
- b. At least two guards, including one in a boat, shall be on duty. (Attention, Athletic Director.)

III. Colors:

- a. Boys should dress promptly after dip.
- b. Emphasize the honor of having entire lodge present when roll is called. Boys who are late lose points for their side.
- c. Counsellor should be last to leave lodge.

IV. Grace:

- a. Enter hall quietly by lodges and stand during grace.
- b. Let's do our best to encourage quietness.
- c. Each Counsellor should lead his group into the hall.

V. Breakfast and Other Meals:

- a. We shall appreciate your co-operation in our effort to improve table etiquette at "Kawanhee".

Camp life should not be destructive of good habits already acquired in the home. (See page 7.)

The following items should be stressed with your boys:

1. Each boy should have a shirt or jersey on.
 2. Do not tilt back in chairs.
 3. Demonstrate using knife, fork and spoon gracefully. Discourage the shoveling of food.
 4. Keep knife and fork on plate when not in use.
 5. Say "please" and "thank you" in all requests for the passing and receiving of food.
 6. Excuse yourself if reaching in front of the fellow next to you. With few exceptions, ask to have food passed.
 7. There should be no hurrying, bolting of food, jogging of elbows or grabbing for the last piece of meat.
 8. Counsellor should be served before any boy begins eating. This rule applies in each course.
 9. Remove spoon from cocoa after stirring, etc. It will prevent accidents.
 10. Keep voices low except when cheering is expected. Shouting and general rough-house tactics should not be tolerated.
 11. Counsellor should appoint one boy in rotation each day or at each meal, to serve as waiter. When the work is heavy two boys should be assigned.
 12. When desirable rotate chair assignment of boys at table so that each one may have an opportunity to sit by the counsellor.
 13. At the close of the meal all waste should be scrapped into one plate and dishes passed to the counsellor, who stacks them at his end of the table.
 14. No boy is to leave his table until his entire lodge leaves. Lodges are not excused until signal is given from the head table.
 15. At close of meal push chairs under table.
- b. Observe following suggestions in serving:
1. One cup of cocoa sufficient for the average boy.

2. Cocoa and milk especially, should not be poured unless boys request it.
3. Cream in small pitchers is for cereal, not for drinking. Watch carefully or your table may be without cream for a meal.
4. Return cocoa and milk pitchers to their assigned places, after your table is served. Practice and teach the "Golden Rule" here; other tables may be waiting.
5. Seconds of cereal will be served. We prefer, however, to have each counsellor use his judgment in this matter, keeping in mind the balanced ration which involved the remainder of the meal.
6. Watch carefully the sugar consumption at your table. Many boys have no judgment as to the amount they should use.

VI. Clean-up Period and Inspection:

- a. Forty minutes allowed preparatory for inspection.
- b. This is a work period, and boys should keep busy every minute of the time. They should bear full responsibility of doing their own work.
- c. Counsellor should supervise work and demonstrate when need arises.
- d. Appoint a lodge-foreman in rotation each day (or every other day).
- e. Rubbish should be taken to the rubbish pile back of wood shed.
- f. Lodges will be rated on the basis of: (100 points for perfect score). Points off as follows:
 1. Not ready for inspection.....10 off
 2. Bed slovenly made, covers not smoothed out, etc. 5 off
 3. Dirt on floor or porch..... 5 off
 4. Shoes, toilet articles not neatly arranged 2 off
 5. Dirty lantern..... 2 off
 6. Dirty clothes in trunk..... 2 off
 7. Wet clothes in lodge..... 5 off
 8. Clothes on floor..... 5 off
 9. Lack of neatness around lodge..... 5 off
 10. Bathing suits not neatly arranged on line 5 off
 11. Rubbish left in box..... 2 off
 12. Candy in lodge.....10 off

VII. Morning Program:

- a. Endeavor to meet your assigned group promptly as per schedule for the day.
- b. Change of activities at 10:00 o'clock. Be prompt in dismissing your group. Do not keep the other fellow waiting. Consult your watch, that's part of your job.
- c. Dismiss boys at 11:00 o'clock for swim period.
- d. In all activities give of yourself to the boy. We are more interested in the personal contact existing between you and him than in the activity you are teaching. Building a boy is our objective. Teaching an activity is the tool we use.

VIII. Morning Swim—11:05 o'clock:

- a. Unless personally excused, all boys and counselors shall return from their activities for the **morning instruction swim period**. If your boys are far from camp, judge your time accordingly. They should be back by 11:00 o'clock.
- b. Counsellors on guard or boat-patrol duty for the day should be very prompt in reporting. Boys cannot enter water until you have taken your position. Boys will be ready and down on the beach in less than five minutes after the first whistle. Do not keep them waiting. Let's set them an example of promptness here, as well as in meeting all other appointments.
- c. **Guard and Patrol Duty:** At 11:05 A. M. and 4:00 P. M.
 1. Three men in boats.
 2. One man on tower.
 3. One man on beach or dock.
 4. Two men in water.(Attention Athletic Director)
- d. See No. IV, page 7.

IX. Free Period, Following Swim, Before Meals:

- a. Man in charge of boating should have a counsellor on duty at the beach.
- b. Counsellors and boys playing tennis, **watch the time**. You may not hear the first and second bell for dinner. You should be at the table when Grace is offered. Here is another opportunity for you to set the example of promptness.

X. Dinner and General Serving of Food:

- a. Insist on quietness before Grace and good table manners during the meal. See suggestions for "Breakfast", page 11.
- b. In all matters pertaining to the quantity of food served, the camp desires that each boy shall have all he wants to eat, within reason, of the substantial portion of the meal. Please observe, however, the following requests:
 1. Make the first serving medium, especially in meats.
 2. Make the second serving light. Please note that in our desire for the boys to receive the required amount of food which their systems demand, each counsellor will be expected to co-operate with the camp in preventing a general waste of food at his table. Large second helpings and very often large first helpings, with some boys, result in a decided waste of meat and potatoes.
 3. We encourage the drinking of milk. Each boy at Kawanhee, if milk agrees with him, should consume at least one quart per day in the raw or cooked form. Some boys will require more than this amount.
 - a. It is suggested that at the beginning of the meal the counsellor shall check up on the number desiring milk at his table, and shall see that they receive it before some thirsty boy consumes more than his share. Especially, on those days when our cook draws heavily on the supply, this may result in leaving the very boy who should have his milk ration without it for that meal.
- c. Desserts:
 1. With few exceptions the Kawanhee slogan has always been **"No greens and vegetables, no dessert."**
 2. No boy shall be denied his dessert, as a means of discipline, unless he fails to observe this camp slogan.
 3. No boy shall have more than two desserts at any meal, e. g., if several boys at a table do not care for their desserts and a general raffling is resorted to, observe the above rule.

4. Desserts not eaten at your table are to be returned to the kitchen. There shall be no trading between tables. Boys are to remain at their own table throughout the meal, and are not to do any scouting looking for a lonesome dessert.

XI. Rest Period—1:00 to 2:00 P. M.

See No. VI, page 8.

XII. Afternoon Periods:

a. Scheduled Activities:

1. Each counsellor, unless previously excused by the directors, is expected to be on duty at all scheduled activities, such as: Swim Meet, League Baseball Games, Athletic Meets, etc. Your presence is needed if for no other reason than to stimulate your boys, to encourage them and "cheer them on."

b. Free Periods:

1. Secure from each boy his choice of activity for the afternoon. Emphasize the importance of his reporting there and no place else.
2. Turn lodge lists over to camp secretary at office tent.
3. If possible, plan to be with your boys. Remember the magic word "Let's". Rest hour should be an ideal time to develop enthusiasm in a project which may mean, for the majority of boys, many happy and profitable hours for several days to come. See "Free Afternoons", page 8.

XIII. Swim Period—4:00 o'clock:

- a. See outline for "Morning Swim", page 14.
- b. See "Swim Time", page 7.

XIV. Free Period Following Swim and After Supper:

Similar to morning period, page 15.

XV. Camp Fires:

- a. Each counsellor in camp, whether he has a lodge or not, will be expected to attend all Camp Fires unless excused by the directors.

- b. No man will be excused from the formal Council Fire on Saturday nights. Because of this fact we discourage your leaving camp after supper. You should be in the line with your lodge on the trail to Council Rock. Be prompt!

XVI. Taps:

- a. The first call will usually sound at 8:45, fifteen minutes preceding taps. Boys should be in their lodges by this hour. They should not wait for this signal.
- b. We shall expect you to be with them at this period. It is one of the most important of the day. If you are not to be on deck, it shall be your duty to first secure a man to take charge during your absence and then consult the directors or senior counsellor for approval. **There are no exceptions to this rule.**
- c. Your boys are not to be left alone after taps. All lights must go out (exception noted under e), and you or your substitute should retire with your group. On Counsellor's Night in camp, which will occur once a week, older boys will be assigned to supervise the lodge in your absence, following taps.
- d. Under no consideration is any counsellor to leave camp at night, either before or after taps, without permission. We reserve the right to know where our men are, where they are going and when they will return, and shall expect them to abide by all rules of the camp if they are to be trusted with our boys and are to remain as counsellors at Kawanhee.
- e. Senior A and B lodges may keep their lights on until 9:30, at which time the counsellor shall require all lights out. This privilege is granted for those who desire to read, with the definite understanding that there shall be no loud talking or disturbing of other lodges. The privilege will be revoked if abused.
- f. See "Taps", page 10.

IN GENERAL

Laundry

1. Laundry is sent out each Monday morning. It should be made ready Sunday mornings during the clean-up period.

2. A separate account is kept of counsellor's laundry. It should be wrapped in an individual package and will be returned to you in this way.

3. Boys' laundry will be sent in lodge groups. Proceed as follows:

a. Make individual list of articles sent by each boy. Keep these for final checking when laundry is returned.

b. Make a duplicate lodge list—one for camp mother and one for the laundry. (Outlined forms will be furnished you.)

c. Tie in sheet and take to camp mother's headquarters. Turn over list at this time.

d. Cultivate the pride of cleanliness among the boys. Set them an example yourself. The odor in your lodge will indicate your effectiveness in checking up on dirty clothes. Inspect each trunk for soiled pieces.

e. With few exceptions, the following articles should be sent each week:

- | | |
|----------------|----------------------------|
| 1. Lower Sheet | 7. Shirts |
| 2. Pillow Case | 8. Stockings |
| 3. Pajamas | 9. Handkerchiefs |
| 4. Union Suits | 10. Shorts (Running Pants) |
| 5. Jersey | 11. White Duck Trousers |
| 6. Towels | 12. White Knickers |

f. Counsellors in tents and Deer Lodge will be assigned to assist the Jr. A, Jr. B and Midget lodge at this period.

Picture Shows

1. Our boys are not to attend Picture Shows. It is a form of winter sport which can be enjoyed at home. The majority of pictures during the camping season are not of a character sufficiently elevating for the age and type of boy enrolled at Kawanhee. We believe our boys are much better off enjoying games and stunts about camp than in spending two hours in a close, stuffy hall.

2. There is always the possibility, too, of contracting contagious diseases and infecting the whole camp. This danger is too great to warrant our patronage of the local picture house, or to satisfy the whims of a very small minority of boys. Good leadership from you will quickly dissipate any expectations of this sort among your boys.

Hikes to Village

1. Condemn hitching on all hikes with the possible exception, only, of those boys who you know are physically under par or who are decidedly underweight and tire easily.

2. Boys are not to eat or drink from any dishes at the Ice Cream Parlor. Buy a cone or use a straw in a bottle instead. Dishes are not sterilized.

3. Peanuts are not to be purchased. Please insist on this. We shall have peanuts for sale at camp and at a time when we prefer our boys to eat them.

Riding Privilege for Counsellors

1. Consult the riding instructor and receive his permission in writing as to when you are to ride and horse you are to ride and the distance you should go. There is no exception to this rule.

2. Receive approval from directors or senior counsellor and present riding instructor's O. K.

3. No counsellor shall have the privilege of going to our stable and "helping himself" to a horse whenever he desires to take a little ride. Our mounts must be kept in condition for our boys who pay for the privilege of using them.

4. The discretion and judgment of our riding instructor shall determine the horse you are to ride. His requests as to the care of your horse on returning must be carefully followed.

5. Violation of the above rules will automatically terminate your riding at Kawanheq.

Counsellor's Cars at Camp

We wish to discourage the use of your car as a source of entertainment for your boys. The fact that this particular feature of amusement cannot be enjoyed by all lodges has a distinct tendency towards

an inflated popularity for the counsellor who has a car, and an equal tendency to breed discontent among boys of other lodges.

Smoking

1. Smoking is absolutely prohibited on the camp grounds or in the presence of any of our boys, either on local hikes or on extended trips.

2. This rule applies to all junior and senior counsellors and general camp assistants.

3. It is taken for granted, of course, that no boy at "Kawanhee" has the privilege to smoke. Any infraction of this rule should be reported at once to the directors. Boys who persist in breaking this rule will be sent home.

Counsellor's Afternoon and Evening Off

1. You are urged to leave camp on your assigned day.

2. Your duties for the day will cease following the noon meal.

3. Before you leave be sure of a man to take your boys at rest hour and at taps.

4. We do not consider it necessary to admonish any counsellor as to his conduct when away from camp. Your own good name and the reputation of "Kawanhee" should at all times be kept above reproach.

