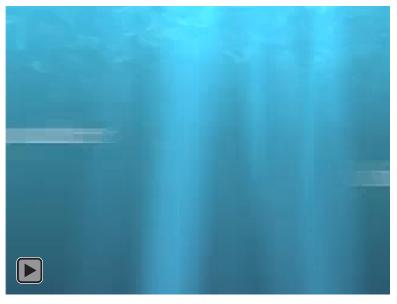


Halfway There

"Oooooohhhhhh halfway there, oooohhhoh livin' on prayer!" So goes the song from a certain New Jersey based rock band that we all sing along with while marching into the Dining Hall on Wednesday of the fourth week – the official halfway point of the season. Unbelievably, we have passed that milestone!

Boating and Kayaking have been doing a great job of getting kids out on the water both at camp and in the rivers and ocean. The most recent trip had boys kayaking the tidal rapids produced by the ebb and flow of the mighty Atlantic on the Sheepscot River. One boy had a helmet cam affixed and the video is awesome, especially when he does an "Eskimo roll" while barreling down the rapids. Keep your eye out for the video on the webpage — Sheepscot Video.





Our last Sunday Vespers brought veteran mountaineer Ed Webster to Kawanhee. A packed Rec Hall greeted Ed, and he showed slides and told stories about his three (!) Everest expeditions. The whole camp was held in awe as he showed pictures of his epic adventures, and after the presentation kids stayed as long as they could to get a look at his climbing gear and frostbitten hands and to ask questions.

Mr. Kawanhee Night!! You kind of have to see it to believe it, but let me tell you – you would be impressed with the boys' ability to craft hilarious scenarios with minimal prep time. Badger's own Forest took the Mr. Kawanhee Crown by convincing us that he really is an old man. Dylan from Loon, and Hunter (whose name causes fish to tremble) took runner up positions – great song, Dylan; and great country rap, Hunter! Props to Will Ryan and Ben Zambito for MC'ing the event with unforgettable panache.



Even though we're past the halfway point, there is so much to look forward to in the final three weeks of camp. Levels, projects, points, trips, overnights, camaraderie, friendship, and so much more. Kawanhee now, Kawanhee forever!

Dan Webster - Camp Director



Webb Lake Association Honors Walter and Jane Estabrook

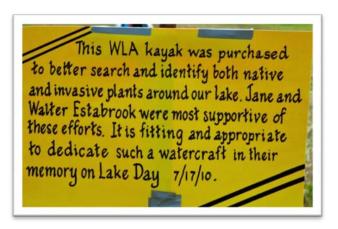


The Webb Lake Association bought a new glass bottom kayak to check for invasive plants that might invade Webb Lake. Their members chose to honor its longtime members and supporters, Walter and Jane Estabrook, who passed away during spring 2009.

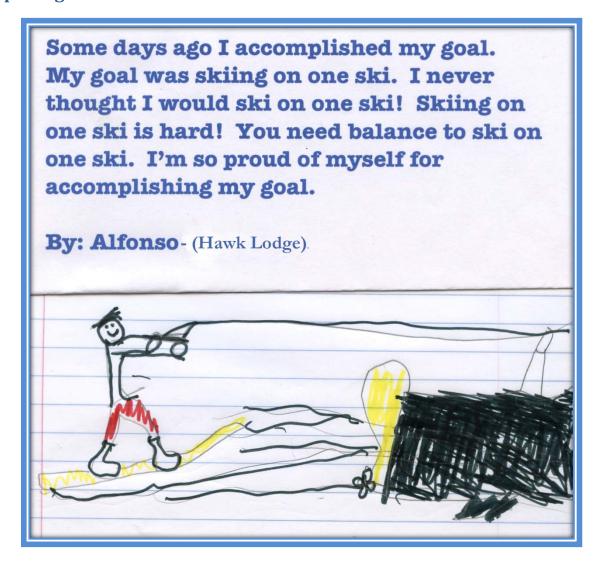
A dedication ceremony was held during Webb Lake Days on July 17th. In attendance were three Estabrook family members: Sarah Estabrook, Ferd Schoedinger, both grandchildren, and Dotty Jones-Estabrook, a daughter-in-law; as well as many Camp Kawanhee counselors and campers.

4Walter and Jane loved Camp Kawanhee, Webb Lake and the residents of Weld, Maine. They were such a gentle, humble and gracious couple whose legacy has influenced the lives of thousands and thousands of young men throughout the years.

They would be honored by the naming of this kayak in their memory. The Estabrook family and the Kawanhee family wish to thank the Webb Lake Association for their thoughfulness. Walter and Jane Estabrook would be proud to be part of this vital service.



Completing Summer Goals



Staff Training and Round Table Discussions

This past Tuesday, July 13th, a group of four Camp Kawanhee staff members attended a counseling workshop at Wohelo Girls Camp on the beautiful Sebago Lake in Raymond, Maine. The workshop of veteran counselors included instruction on many aspects of camp life. It focused on not just basic problem-solving techniques, but an approach called Appreciative Inquiry. Appreciative Inquiry tries to improve the camp atmosphere as well as address a problem. This is done by beginning a discussion focusing on all the positive aspects of the situation before addressing the aspects that need improvement. Other round -table discussions occured where counselors could bring up specific topics that they wanted help with, and the group as a whole could provide feedback. I believe being present at this conference has helped me to become a better counselor and a more prepared problem-solver. The experience of this workshop was brought back to the Camp Kawanhee family of staff to try and make a better and more positive atmosphere for the campers.

Kyle Hutchinson - Deer Lodge SC

Swimming & B.L.S.

Swimming, swimming, in the swimming hole, when days are hot, it's oh the spot, to stay nice and cool! This has been a banner summer for the swimming department as campers have been coming out in droves to pass levels, swim laps for the ten mile swim, and work to complete BLS (basic lifesaving) and LGT (lifeguard training). With daily temperatures in the 80's and 90's and the lake water in the high



70's, the waterfront has been the place to be. Needless to say, free swims have been a very popular option for the 11:00 and 4:00 time slots.

Spencer Davis and Carl Simbrunner have completed their first round of BLS (Basic Lifesaving), while Ed Watson and Kris Tyler continue to work daily with the LGT (Lifeguard Training) candidates. Campers that successfully complete these courses earn big points for their respective teams as well as a painted symbol on their paddles.

The key event on the waterfront this

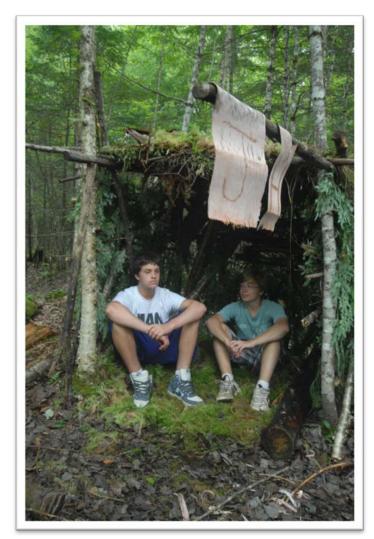
week was the Grey/Maroon Swim Meet. The Greys started out strong by taking three out of four first place finishes in the Freestyle Sprint. Jack and Bobby gave the Maroons a convincing first place finish in the Senior Bass Rock Canoe Race. Chris and Justin finished strong for the Greys in the Junior C Kickboard Relay, but then the Maroons went on a sweep with the Junior B Medley Relay and the Junior B, A, and Senior Canoe Tugs. The competition remained close through the Junior A (Maroons – Liam, Daniel, Eli, and Jose) and Senior (Greys – Sam, Ignacio, Jake, Phillip) Medley Relays as well as the Under/Over Canoe Relays. Coming down to the final event the competition was head to head. Campers loaded into the

War Canoes and headed to the starting line. The canoes zigzagged for a while before the Grey team was able to pull ahead and take the lead for the victory. Despite this final victory, the Greys fell victim to the Maroons with the final score being 64 (Maroons), 61 (Greys). Congratulations go out to all who participated in this spirited competition.

Coming up this week will be the first wave of Bass Rock swims. Campers can earn 50 points for their team by completing this challenge. A second session of BLS will also be starting, and



LGT candidates will continue to work toward earning their certificates. But don't forget . . . Breaststroke, sidestroke, fancy diving too! Isn't it wonderful with nothing else to do!



Junior Maine Guide

Most Kawanheans will remember a time when JMG was a goal reserved only for the obsessive woodsman. Usually one, maybe two candidates would pass in a season. As the years pass, however, the program is increasing in popularity not only for its in-camp prestige but for the valuable life lessons it provides as a rite of passage into adoloscence. This season we are proud to say we are sending the largest group ever of Kawanhee candidates to the Rangeley Testing Grounds. Fourteen young woodsmen, ranging from 14 to 16 years of age, including Harry (JC-Eagle), Jamie (JC-Wildcat), Peter (Loon), Ted (Coyote), Caleb (Loon), Phillip (Loon), Anders (Badger), Max (Badger), Mac (Badger), Zach (Bear), Shea (Crow), Jack (Crow), Forrest (Badger), and Blaise (Crow). These young men will soon understand what living in a group means. They will test in a myriad of situations and fields from canoeing to axemanship to individual shelter to cooking. All these skills will be practical in years to come. This year has reminded me of the time when I attempted JMG in 2004. We were

a crew of thirteen candidates, which was at that time the largest group ever to test. The lessons I carry with me to this day are invaluable and give me an advantage when reacting to tight situations. JMG truly changed the course of my life, and it will certainly influence the lives of the fourteen braves pursuing its honor in a week.

JP Rullan - Campcraft - JMG Director

"Junior Maine Guide emphasizes the acquisition of skills which come with the development of muscular coordination and control and also capitalizes upon the adventurous spirit of the adolescent and the attainment of skills for future living as well as an outdoor experience." - The Art of Outdoor Living, JMG



CAMP KAWANHEE 90th REUNION! <u>AUGUST 12th to 15th</u>

Camp Kawanhee is celebrating its 90th reunion from August 12-15. We would like to extend an invitation to all parents of current campers to join us for the fun and festivities. This is your opportunity to join us at "family camp." Nearly all the activities the campers have been doing throughout the summer will be open. Come try out the activities and meet the experienced staff who have been mentoring your sons this summer. We will have range, archery, sailing, ropes, water skiing, waterfront sports, and much more.

This is not just for the boys; many of those already planning to come to the reunion are alumni wives and daughters. We will have two yoga classes and a basic Pilates class. There are a variety of walks and hikes planned. For those who wish to explore the area with a short hike there will be a trek up Center Hill, which offers spectacular views of Webb Lake and the surrounding mountains (including the one where Chief Kawanhee lives!).

Stay in the cabin of your choice or bring a tent or RV. Arrive any time Thursday, August 12 to check in and choose your lodge. Thursday will be an open day without scheduled activities. All meals, starting with Thursday supper, are included with the registration fee—this means lobster, cocktails, and fresh baked muffins for all! There will be a Sunday service on the morning of August 15, followed by a late morning brunch to wrap up the weekend.

Less than 4 weeks until the 90th Reunion begins.

Call your camp friends and spread the excitement, make the 90th reunion the biggest ever! You can register online or by mail (PDF – "mail-in form").



Meal Time Trivia

Here are some questions asked in mealtime trivia the past week at camp.

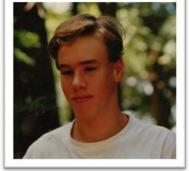
- 1. In the 1940's what were the Junior C's called at Camp Kawanhee? The Junior C's are the youngest campers.
- 2. What is the only mammal with four knees?
- 3. What state is last in total population?
- 4. How many U.S. Presidents were "only children" (no brothers or sisters)?
- 5. How many bonus points do you get in "Scrabble" for using all seven letters in a turn?
- 6. How many squares are there on a checker/chess board?
- 7. What was the first flavor of "Life Savers"?
- 8. What was the first ready-to-eat breakfast cereal ever produced?
- 9. What was first name of the Norwegian figure skater who in the 1880's perfected his trademark move? Today this move is named in honor of his first name.
- 10. What country has the most lakes?
- 11. What popular web site is named for a word that means a number with 100 zeros?



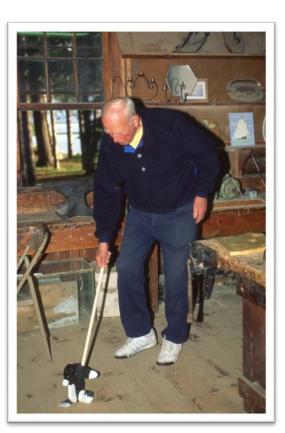














- 1. midgets
- 2. elephant
- 3. Wyoming
- 4. none
- 5.50
- 6.64
- 7. peppermint
- 8. Shredded Wheat
- 9. Axel
- 10. Canada
- 11. Google

e-wigwam is created by the Kawanhee Team – Staff, Campers, Alumni and Friends. Mark Gibson, Editor - Kayla Erf, Assistant Editor - Jane Standen, Copy Editor