

TRIATHLON TIME!

The Kawanhee Triathlon is an event that has become an annual tradition since 1997. Fourteen years ago 5 staff members (Al Spencer, Tim Johnston, George Moore, Kris Simanek-Tyler, and Johannes Werhan) thought is would be "fun" to challenge each other through good sportsmanship to see just who was strong enough (physically and mentally) to take on and complete this race. The Kawanhee Triathlon is unique because it ties directly into the unique surroundings of the camp. It begins with the traditional ¾ mile swim from Bass Rock to camp. Competitors then jump on their bikes to take on the grueling 17-mile hill



climb of a ride around Webb Lake. The race finishes with a 2 mile run from the Weld General Store back to the center of camp. Since it's beginning, the race has grown from a predominately staff based pool to include senior campers and Junior Counselors. This past Sunday provided the perfect weather for this spirited competition.



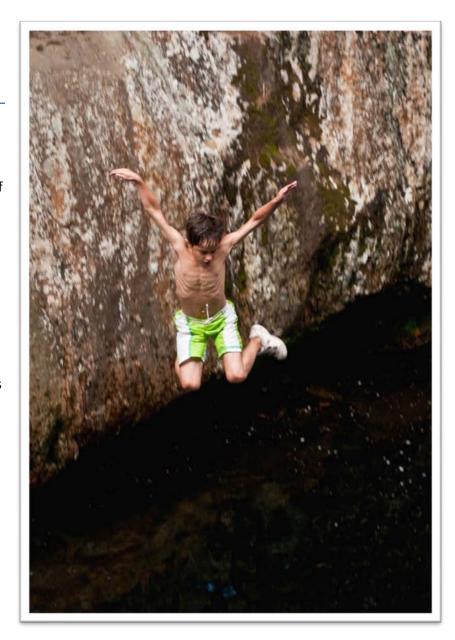
There were 5 individual competitors (each person completing all three legs of the race) as well as 6 teams of competitors in this year's event. In the individual competition, longtime veteran and repeat winner Tim Johnston went head to head with staff newcomer Carl Simbrunner. Despite Carl's valiant efforts, Tim managed to pull off another victory, but Carl finished close behind. Rounding out the top three individual finishers was Maurine Miller. The team competition was lead

by the staff team of Todd Tremble (swim), John Fritz Rullan (bike), and Cameron Diaz (run), with the camper team of Jake (swim), Miles (bike), and Blaise (run) taking second place, and staff team Robert DiPrima (swim), Kyle Hutchinson (bike), and Chase MacReynolds (run) finishing in third. All competitors participated with much spirit, drive and determination and should be congratulated on their efforts. Participants will receive specially designed t-shirts for their involvement in the Kawanhee Triathlon. Much appreciated thanks goes out to all staff members who helped make this year's triathlon a huge success!



A Fantastic Sixth Week

The sixth week seemed at times to be about how many campers we could keep out of camp! Indeed, part of the fun at camp is exploring the great State of Maine. We had trips of all kinds going out: JC's were on a three-day canoe trip at the Chain of Pond; kayakers rolled and paddled the rapids out of Errol, NH; about 20% of the camp went to run the rapids of the Kennebec River on Thursday's white-water rafting trip. All week long there were swim trips to Smalls Falls. Ryan Albert led a volunteer cleanup trip up Tumbledown Mountain; the boating department led an early morning canoe trip to the Narrows; and gold-panners tried their luck in the Byron area tributaries of the Swift River.



Meanwhile, JP and Fritz

Rullan led fourteen Kawanheeans in their quest for Junior Maine Guide (JMG) excellence. They were on the Kennebago proving grounds north of Rangeley for five days, setting up encampments, cooking, canoeing, fire-making and taking written and physical tests the entire time. Fourteen JMG candidates! This is the largest number in recent memory; but more important than the numbers – these boys represented the best of Kawanhee, and represented Kawanhee in a way that impressed the Maine Guides who run the JMG program. During my visit whenever I told someone I was from Kawanhee I was met with approving nods of recognition and comments that reflected the hard work and dedication that these fourteen boys demonstrated. We are proud of our JMG candidates and their leaders who have worked so hard all summer long.



It has been a wonderful summer and as you read this – it is not over yet! The seventh week is a busy and fantastic week full of special events, ceremonies, great fun, and hard work finishing up projects, passing levels, and sealing friendships. My first year of being the managing director has been memorable and enjoyable on many levels. I want to thank Mark and Liz, our Directors of Activities, Ben and Andrew, the incredibly hard working and great lodge counselors, our

senior staff leaders, office staff, Debi our Camp Mom, our nurses, Sean and the Kitchen Crew, Leo and Wallis, the gals in the Laundry and anyone who volunteered to help make this summer safe, fun, productive, and memorable for these campers, these sons of Kawanhee! Thank you parents and families for the gift of your sons; you make Kawanhee possible with your support and commitment. Also thanks to my wife, Tracy, who supports my work here and allows our two sons to be Kawanheeans!

As we charge into the seventh week my mind will be squarely set on the mantra, "Kawanhee Now, Kawanhee Forever!"

Dan Webster – Camp Director

Saturday's Awards Program

In less than a week we will have unbelievably and sadly arrived at the last day of camp! For those of you who are coming, here's an overview of what to expect, and the process for checking your sons out of camp by the end of the day.

At noon we hold a camper and staff only Awards Banquet in the Dining Hall. Immediately following the Banquet at 1:00 p.m. the Awards Ceremony will begin in the center of camp (or the Dining Hall in the event of rain) and will last for a good part of the afternoon. All are welcome for dinner at 5:15!



(2009 - Awards Program)

End of the 5th week- Score report and update-

Maroons- 30,284 Greys-30,646

GREYS STILL LEAD.... The Greys took the lead at the beginning of camp when BA gave the first score and have widened their lead each week until they currently have a 1,800 point lead at the end of the fourth week. The fifth week the Maroons had an outstanding week and outscored the Greys by 1,500 points cutting the Grey's lead to less than 400 points.

Scorekeeper BA reminds the teams that the bulk of points a possible 60,000 points are still to be earned before the last two weeks of camp and BA gives the final score at the Banquet.

Remember: "JUST HAVE FUN AND THE POINTS WILL COME"!



MEALTIME TRIVIA- WEEK 6!!!

Here are some of the exciting questions I asked this week at mealtime.

- 1. What is the only animal that can get a sunburn?
- 2. What is the hottest planet?
- 3. What percentage of the Solar System's mass is in the Sun?
- 4. How long on average does it take for a person to fall asleep?
- 5. According to a survey of hospitals what percentage of babies are born on their "due date"?
- 6. What was the first internal body organ to be transplanted successfully?
- 7. What company is the largest purchaser of beef, pork and potatoes in the world?
- 8. How much faster does sound travel through water compared to air?
- 9. What phrase often connected with team sports originates from archers in the armies of the Middle Ages always making sure they brought extra equipment?
- 10. What is the best selling candy bar in the U.S.?

(Answers on last page)



Sea Dogs Game

Will Ryan, Director of Baseball

Last Sunday morning, the Portland Sea Dogs and Harrisburg Senators began preparing for a seemingly normal afternoon baseball game. Yet something was not right. 90 miles away, 150 campers and counselors at Kawanhee were informed that we would be attending our annual Sea Dogs game. Cheers erupted, but the mood quickly grew somber. We realized the significance of our quest: to root for Portland with ferocity unmatched by Ohio State football

fans and Real Madrid soccer fans alike.

As we descended on Hadlock Field, we could sense fear, and it smelled like Senator. When we stepped off of the bus, the ushers took us to our seats behind the third base dugout. The other fans quickly realized that we were all business. Kids began blowing money on Sea Dog hats, tee shirts, foam fingers, and necklaces. We began to dance to the awful music blaring on the loudspeaker. Our chants were so loud that we could be heard from Freeport. And the game had not even started.

Harrisburg knew that the obstacle they were facing was so large that they briefly considered a forfeit. Unfortunately for third baseman Adam Fox, he would be force to face most of our heckling. As the game went on the Senators did not seemed fazed. Despite our awesome cheering and dancing, as well as a late Portland rally, Harrisburg held on for a decisive 12-4 victory.

The final outcome was not the most important part of the game, however. Our incredible spirit and the fact that the ushers made us sit in silence for the entire ninth inning was (We were great sports!). Like all the other Kawanheeans in attendance, I had a great time and I can't wait until next year's game.

Checking your camper out of camp

Saturday night will not be a night of regular camp. If you are here, we encourage you to take your sons after the Awards Ceremony or after you join us for dinner. The only campers remaining at camp Saturday night are those that we are transporting to the airports on Sunday.

During the day check to make sure your son is packed up. If any luggage is to be shipped by us, label it and leave it on the Camp Store porch. Leave the address to be shipped to in the office. Come to the office and inform the secretary that your son is leaving camp. If your son has any medications stop by the Health Office and pick them up from Sue, the camp nurse.

And don't forget to leave your windows open as you drive down the camp road and breathe in the fresh Maine air flowing from the camp woods to hold you over for the next ten moons!

CAMP KAWANHEE 90TH REUNION

Only 11 days away!
Register today... right this minute... this second!
Don't miss seeing your Kawanhee Family and Friends.
August 12th – 15th

Register on line at the camp website, kawanhee.com (go to "alumni" and click on 90th Reunion Registration), or call 207-585-2210 for a form for mail in registration. Save the date and join us August 12-15, 2010!

Mealtime Trivia Answers:

- 1. a pig
- 2. Venus
- 3. 99%
- 4. 7 minutes
- 5. 4%
- 6. Kidney
- 7. McDonalds
- 8. 3 times faster
- 9. second string
- 10. Snickers

