

e~wigwam

Camp Kawanhee for Boys ~ Weekly Newsletter ~ 2013 Camp Season - Camp Opening Issue

Kawanhee 2013

As we launch Kawanhee's ninety-third season and welcome boys from far and wide to the shores of Lake Webb, we are reminded of the familiar themes that embody the character of this place. We have had our full staff on hand since mid-June, and we are struck by the ease with which our new counselors blend with our veterans to form a cohesive team. Only a group committed to a common cause could have rallied to accomplish so much in so short a time. This seamless blending will be repeated this week as first-time campers are embraced by their veteran peers and come to understand that Kawanhee is about community, first and foremost. Laptops, smartphones and textbooks will yield to open-hearted conversation, hands-on adventure, sweat and grit. Fast friendships will be renewed and others begun.

Last Friday the Kawanhee staff hosted our annual dinner for local friends of the camp. As the evening was drawing to a close and most of our guests had headed to their homes in Weld and nearby towns, many of our counselors were gathered on the deck of the dining hall watching the sun set on the longest day of the year. The "town dinner" reminds us that our contained community is part of something bigger, that we are citizens not only of our camp, but also of a town that has offered generous and steady support over the years. And the solstice sunset. There's no better place to behold the setting sun than in the Tumbledown gap, and there's no better reminder that we are part of something bigger still: a place where seasons matter, where rugged mountain trails beckon, where pines whisper, and where the lake's surface reflects the wonder of nature's ways.

Before closing, we want to offer a shout-out to our maintenance guy, Wallis Tyler, to our chef, Sean Minear, and to our sailing master, woodworker and chicken-whisperer, Rees Tulloss. Wallis has been on the scene and making camp ready since last year's camp season ended. He manages to accomplish a ridiculous number of tasks in a day and seems, most of the time, to be in at least three places at once. Although many of this year's projects have been out-of-sight, they are certainly not out-of-mind. Wallis has installed a new refrigeration/freezer unit in the camp kitchen, built temporary housing in the woods for Dan and Tracy Webster, designed a new system for

delivering water to our athletic fields, and on and on. As busy as Wallis is, he manages to stream relentless monologue that amuses anyone within his airspace.

Sean Minear, our veteran chef, is reinventing our camp's culinary culture. In a year when Sean is serving more Kawanheens than ever, he is introducing a slew of new recipes, including frequent vegetarian options, locally sourced fruits and vegetables, and an abundance of creative cooking from scratch. The camp baker, Bailey Scott, is pitching in with a daily offering of home-made breads and desserts. Sean, Bailey and their crackerjack kitchen staff are earning high praise from counselors and campers, and we feel compelled to add to the din with a rave review of our own. Thanks, kitchen crew!

Any discussion of the Kawanhee dining experience has to include mention of the new dining tables made this past winter by Rees Tulloss in his woodshop in Weston, Massachusetts. Rees specializes in fine furniture, and we are lucky to have an entire dining hall full of his handiwork. These tables, which achieve form and function in equal measure, were made possible by a gift from Jeff Morgan, a former camper and counselor. Many thanks to Rees and Jeff.

There is much more to be said now and later, but it will have to be later. Carry on, Kawanhee.

Mark & Liz Standen



Wallis Tyler



Sean Minear



Rees Tulloss



2013 Kawanhee Staff

Staff Training 2013

Thanks to Wallis and a few dedicated helpers pre-pre-camp work put us ahead of the usual schedule. This freed us up for an intensive staff training in preparation for the bumper-crop of new and returning campers (many in the 7-11 age range).

This year we are so pleased to have been able to hire 8 senior counselors who are recent graduates of our Junior Counselor Leadership Training Program. This kind of hiring from within ensures that we know these guys very well because we have worked with them for years. In addition we were able to hire some very talented new counselors, some with prior Kawanhee experience, and some who bring a fresh perspective.

Highlights of the training week included a staff Tumbledown Hike which included goal sharing in break-out groups, and a Camp Craft campfire complete with story-telling from Mark Standen, songs led by our campfire musical ensemble, testimonials from counselors who shared personal stories from their formative years at CK, and yes – S'mores!

Dan Webster ~ Camp Director



Camp Kawanhee for Boys



LAKE WEBB AND TUMBEDOWN MOUNTAIN

The Beginnings of Kawanhee

by Michael Altmaier

Camp Kawanhee was founded by two brothers- George and Raymond Frank. The Frank brothers grew up in the Portland, Maine area. In 1912, George Frank had come to Temple, Maine to visit his cousin. Temple is near Farmington, Maine and not far from Weld, Maine and the location of Camp Kawanhee. A deer had been eating a lot of the produce in the garden of George Frank's cousin. They set a trap and killed the deer. They decided to climb to the top of Mount Blue and cook the deer. It was at the top of Mount Blue that George Frank first saw Lake Webb. Later, he explored the lake and was overcome by its beauty. He made a promise to himself. If he ever got married he would honeymoon on the beautiful lake.

And sure enough , a few years later he got married and stuck to his promise and honeymooned on the shores of Lake Webb. George had also told his brother about the lake and they shared a vacation or two on the lake, On one of these vacations they canoed into the cove that we now know as the Kawanhee Cove. Both George and Raymond had both been drawn to youth work and they thought the land surrounding this cove would be a great location for a camp. Their dream became a reality in 1920 when the Frank brothers were able to secure a loan for the purchase of the property. They had heard stories of a local indian in the area's history and they named the camp after Chief Kawanhee.

Of course, before they could have campers , they had to develop the property enough to open the camp. They built three structures before the summer of 1921. These three structures were the dining hall, and the Eagle and Falcon lodges. All of these buildings were destroyed in the tragic fire of 1977. They fashioned an athletic field from a potato field and set about recruiting campers for the first summer. George Frank was living in Columbus, Ohio at the time and Raymond Frank was living in Englewood, New Jersey. They were able to recruit 12 campers for the first summer of 1921. Eight were from New Jersey and 4 were from Ohio.

Over the next few years, the enrollment slowly grew and buildings were added- other lodges, a rec hall and shop. By the late 1920's, Kawanhee was firmly established and well on its way to being a great camp!



Raymond & George Frank



Mt. Blue

Message from the Camp Mother

Dear Moms and Dads,

Welcome to Kawanhee 2013. As we get ready for your children to arrive, I am thinking about how hard it must be to leave your son with us and know you cannot talk to them for 2 weeks. And, you will only talk once a week for the remainder of his stay. As a mom I wondered why camps have this rule. As the Camp Mom with 17 yrs. of experience with young boys here at Kawanhee, I understand it. I hope I comfort you with my thoughts.

The reason for the no contact rule during the first couple of weeks and just one call a week beyond that, is to allow your son to fully immerse himself in camp life. If he talks with his family at home, he is thinking about home and not connecting fully with the wonderful surroundings. I know that you want him to become more independent and make good, healthy choices in life. That is why you are giving him this wonderful gift of a summer here in Maine. Part of that is giving him the chance to really become more independent. During his transition time, your son will be letting go of the stressors of home and school. He won't forget home, but know you love him, and want him to enjoy himself. He may struggle at first, and you may get a sad letter the first week, but hang tough because it will get better for you both. And I'm here to help with that.

My role in camp is to be here for the boys when they need a mom. I'll be making sure they eat well, brushing teeth, shower, and change clothes. I'll also be there cheering them on at their games, hearing about their accomplishments, and their struggles. I'll be helping them through homesickness and working closely with their counselors to assure their stay is a comfortable and growing experience. I'll read to them, give them hugs, play games, and talk during free time. My cabin is always open and I'm available to them almost all the time.

I'm also here for you! If you would like to check in and see how your child is doing you can contact me.



This year I have my own phone line. The Camp Mom number is (207) 585-2777. And my email is Debi@kawanhee.com. If I am with the boys and cannot be reached at that moment, leave me a message, and I'll get back to you as soon as I can. I try my best to reach you within the same day you call. The best part about having the new number is that you are calling me directly and my own answering service will be in my cabin instead of through the office. Between this new number and my email, you'll be able to reach me. If you cannot reach me and you need to talk to someone, please call the office and they will know where I am. They may be able to help you, if I was out of camp on an errand or on a day off.

After the 2nd week, you may call your son once a week, through the office. They know where your child is and they will answer the phone during meals at the dining hall too. If you call my cabin I don't have the information to find your son and cannot access the phone in the dining hall. So use my phone to contact me, and the office phone to contact your son. Please remember to ask about what he has been up to and try not to talk about home that much, just say how proud you are of him and that you are so glad he is doing so many awesome things. Try not to cry until after the call. Just remember to call him through the office.

So when it is really hard for you please remember he will be doing these things... He will work towards the goals he set on the first night at camp with his lodge.



He will be bonding with his lodge mates and counselors and the rest of the staff here. He will be trying new things and playing ball games. He'll be watching the sunset and the flag raise the next day. He will be sad at times when he thinks of home, but he will quickly be coaxed to go for a swim or fish. At night he'll be listening to the loons and telling jokes and hearing stories. He will eat well, and climb a mountain and sleep well. He will be having the time of his life learning to be an independent young man. He'll learn how to use a knife safely, make a campfire, and build something cool in shop. He'll learn to sail and knit a hat. He'll say grace at the start of a meal and sing at church. He'll learn about the Maine woods and Lake Webb. He'll see Chief Kawanhee and hear his blessing for the camp season. He'll learn his eskimo roll and swim the 10 mile swim. He'll hear about the traditions and virtues of Kawanhee. He'll camp across the lake and make s'mores. He'll play chess with a friend and learn to play tether. He'll taste my famous donuts after I cook them over the campfire. He will learn countless lessons from his counselors and cabin mates. He'll shoot an arrow and do the catwalk. He'll learn the Kawanhee cheer and figure out life is not all about winning, but friendship and love. He'll do all that and more!

Thank you for trusting us with your son and enriching his life at this wonderful place on Lake Webb in the Maine woods. I'm here for you whenever you need reassurance. See you and your son very soon.



Sincerely, Debi
Camp Kawanhee's "Mom"



The Gift of Koviashuvik

Within the indigenous tradition of the Mic-Mac people, the word Koviashuvik means a state of joy and gratitude that springs forth when one is truly immersed in the present moment. I wish I could tell you that I spent the last three weeks of my life in Koviashuvik without any further clarification, but in

truth I spent these past three weeks as an apprentice on a self-sustaining, off the grid, local living school/farm named Koviashuvik. Home of Chris and Ashirah Knapp and their two toddlers, Koviashuvik is a land where its inhabitants are nurtured and sustained almost entirely by the fruits and gifts that their hard work derives directly from the earth beneath their feet. If you have seen your son walking around with hand made pack basket, wearing a pair



of his own hand made moccasins or starting fires with a bow drill. It is thanks to the workshops that Chris and Ashirah have provided at Kawanhee in the past few summers. I too was taken in by the enchantment that their humble and responsible service radiates through these workshops. Therefore, I decided to do an apprenticeship stay on their land before this camp season. My aim in doing this was to soak up as much knowledge of primitive skills as I could before working at camp as head of the campcraft department and instructor of the Junior Maine Guide program. Many skills were attained that I plan on enriching the campcraft experience with, including the making and usage of bow drills, rocket stoves and spoons as well as knowledge of wild edibles and more. Nevertheless, I feel that I reaped even greater gifts than these time-old skills of great value, and those gifts sync in with meaning of

'Koviashuvik'. There is a sublime sense of tranquility and understanding that settles when you eat what you harvested five minutes ago, when you work hard directly with the land that provided you with the gift of food, when you know that your bodily waste will be turned into fertile compost for future plantations (humanure) and when you live accordingly with the promise of care and nourishment that our immediate lands provide for us when we work along side it. This notion of humans as being wholly part of a perfect and nourishing web of life that demands our attunement with its cycles is what I hope to share with Kawanhee this summer. Other than discussing it with the youths through campcraft, nature, and tripping activities, I believe in the potential for Kawanhee to adopt measures that exemplify this notion on a camp-wide basis. A more structured and broad system of recycling throughout camp and a constant production of compost for the camp garden using organic waste from our dining hall are two projects that we aim to implement this summer.

My dream is that all kids that are granted the opportunity of coming to Kawanhee may also be granted the gift of feeling themselves in Koviashuvik, that time and place of gratitude and peace that stewardship and responsibility with our lands promotes. This all is said with even higher aspirations that the winds may carry these children's understandings throughout our societies as does the June breeze spread the seed of dandelion.

~John Fritz Rullan, Head of C.C./J.M.G. instructor

Tutoring Opportunities:

If you are interested in having your son keep up with his studies, tutoring is available for multiple subjects.

If you would like to sign up your son or receive more information contact: Ryanne Brown at: rbrown@rsu10.org. She will gather your information and place your son with a tutor who will meet with your son during his free time for the desired hours.

Introduction ~ Travis Frost



Hello campers and staff members. My name is Travis Frost. Most people call me TJ or Frosty. You can call me whatever you'd like.

This past month I graduated from Dirigo High School in the top ten. I am eighteen years old and turn nineteen on August 11th. Throughout high school I played soccer, basketball and baseball. My other hobbies include fishing, four wheeling and anything else outdoors.

This is my first year working at Camp Kawanhee and I am a counselor in Pine Tree. I'm also involved in the Soccer department here at camp. One thing I love about soccer is how involved everyone on the field has to be in order to have a successful team. You have to be able to pass and communicate in order to win.

I am looking forward to this summer and all the exciting events that are going to occur. I also am looking forward to making a lot of new friends and meeting new people. I will be seeing you around?

Enjoy your summer,

Travis Frost

Kawanhee Kitchen's Welcome to Maine Dinner

The Kawanhee Kitchen welcomed the 2013 group of campers with a "Welcome to Maine" dinner on Sunday, June 23rd. The meal included lobster rolls, red-skinned hot dogs, Maine baked potato bar with all the fixings, clam chowder, Eli's of Maine root beer, and salt-water taffy. During the camp season, the baker prepares a cake for every camper who celebrates a birthday. On Sunday night, however, each lodge also received a giant birthday cake for all of those boys whose birthdays occurred outside of the camp season as well.

Our theme in the kitchen this summer is Options and Choices. In addition to our massive salad bar, we also have a separate vegetarian menu to meet the various needs of all of our campers and staff. Many of our greens and vegetables come from a farm in Weld, and much of our beef and chicken comes from an organic farm in East Wilton. Part of our goal is to support local agriculture.

Also new this year is a healthy late evening snack which may include locally made kettle corn, fruit, homemade cookies, granola bars, and other options to be eaten at lodges in the evening.



Week One Lodge Photos

These lodge photos will be taken at different times each week, it may be in an activity, while on a trip or a visit to the lodge during rest hour. Because camp is such a busy place, we cannot guarantee that these e-Wigwam Lodge photos will have everyone in them.

Thank you for your understanding.



EAGLE LODGE



FALCON LODGE



PINE TREE LODGE



HAWK LODGE



DEER LODGE



BEAVER LODGE



MOOSE LODGE



LYNX LODGE



WILDCAT LODGE



TROUT LODGE



COYOTE LODGE



BEAR LODGE



LOON LODGE



CROW LODGE



BADGER LODGE

Kawanhee Mealtime Trivia !

by Michael Altmaier

Well, the start of another summer means it is time for another summer of mealtime trivia! I ask a trivia question at the end of every meal and the lucky person who answers it correctly gets a fantastic treat! I try to list a lot of each week's questions in each issue of the e-Wigwam!

Here are some questions (and answers) I will probably use in the first week of our new season!

1. What is the oldest U.S. National Park?
2. An Omelet with ham, onions and green peppers is sometimes named after this western city .(U.S.)
3. What season has the most U.S. Federal holidays?
4. What is Honey Boo Boo's real name?
5. What are the only mammals to have their horns made from keratin and not bone?
6. What is the shallowest ocean?
7. What number does LeBron James wear?
8. How many strikes do you have to throw in 10 pin bowling to bowl a perfect 300 game?
9. What pro baseball stat can be negated by the official scorer due to "defensive indifference"?
10. What country makes the most full length motion pictures?

((Answers On Last Page))

Contact Information

Summer:

Camp Kawanhee
58 Kawanhee Lane
Weld, Maine 04285
Office: (207) 585-2210
Fax: (207) 585-2620

Camp Mom Phone: (207) 585-2777

kawanhee@kawanhee.com

Winter: (Off Season)

Camp Kawanhee
P.O. Box 789
Yarmouth, Maine 04096
Office: (207) 846-7741
Fax: (207) 846-7731
kawanhee@kawanhee.com

Mark Standen, Co-Executive Director mark@kawanhee.com

Liz Standen, Co-Executive Director liz@kawanhee.com

Dan Webster, Camp Director danwebster@kawanhee.com

Debbie Sullivan, Camp Mom..... debi@kawanhee.com

Trivia Answers:

1. Yellowstone
2. Denver
3. winter(5)
4. Alana Thompson
5. Rhino
6. Arctic
7. 6
8. 12 (in a row)
9. stealing a base
10. India

See you next week !

Announcements:

I hope to upload week one photos over the upcoming weekend. The password for all of the Kawanhee Photo galleries can be found in the email that sent this newsletter to you.

Please email gibby@kawanhee.com with any questions.

* *

Please use this link (<https://kawanhee.com/MailingList/>) to subscribe, unsubscribe or edit your details on the Kawanhee e-Wigwam Newsletter Mailing List.